

June 2018 Activity Update

Capital spending is estimated at \$1.0 million for June 2018 which was primarily directed toward the completion operations for one (0.15 net) Cardium oil well drilled earlier in 2018. In addition, certain material was pre-purchased in preparation for the Company's scheduled Q3 drilling activity.

Estimated average production for June 2018 is 8,750 boe/d. Approximately 850 boe/d (98% gas) is currently shut-in in the Foothills area which is non-core dry gas production uneconomic at current gas pricing.

| Capital Investment (\$000s) (note 1) | 12 mos. | | 3 mos. | 1 mo. | | |
|---------------------------------------|----------|--------|--------|--------|--------|---------|
| | 2016* | 2017* | Q1/18 | Apr/18 | May/18 | June/18 |
| Drill & Complete | 17,460 | 51,283 | 2,427 | 285 | 45 | 661 |
| Equip & Tie-in | 6,596 | 5,670 | 1,631 | 101 | 28 | 89 |
| Facility | 2,322 | 12,948 | 1 | 192 | 115 | 109 |
| Geological | 2 | 227 | - | - | - | - |
| Land & Lease | 350 | 343 | 1,466 | 10 | 12 | 5 |
| Other | 2,516 | 2,279 | 532 | 140 | 140 | 140 |
| Total Capital | 29,246 | 72,750 | 6,056 | 728 | 340 | 1,004 |
| Net Acquisition/(Disposition) | (29,717) | 4,741 | (123) | - | - | (326) |

| Average Daily Production (note 1) | 12 mos. | | 3 mos. | 1 mo. | | |
|-----------------------------------|---------|--------|--------|--------|--------|---------|
| | 2016* | 2017* | Q1/18 | Apr/18 | May/18 | June/18 |
| Gas (mcf/d) | 33,964 | 46,625 | 45,543 | 40,367 | 38,003 | 36,883 |
| Oil (bbl/d) | 1,820 | 1,854 | 1,530 | 1,618 | 1,470 | 1,373 |
| NGLs (bbl/d) | 755 | 1,086 | 1,475 | 1,218 | 1,229 | 1,231 |
| Total (BOE ₆ /d) | 8,236 | 10,711 | 10,596 | 9,564 | 9,032 | 8,750 |

| Benchmark Average Prices (note 1) | 12 mos. | | 3 mos. | 1 mo. | | |
|-----------------------------------|---------|-------|--------|--------|--------|---------|
| | 2016 | 2017 | Q1/18 | Apr/18 | May/18 | June/18 |
| AECO 5A (C\$/GJ) | 2.05 | 2.04 | 1.97 | 1.36 | 1.04 | 0.96 |
| AECO 7A (C\$/GJ) | 2.07 | 2.30 | 1.76 | 1.44 | 0.74 | 0.74 |
| WTI (US\$/Bbl) | 43.35 | 62.28 | 62.87 | 66.33 | 69.98 | 67.32 |
| CAD/US FX | 0.75 | 0.77 | 0.79 | 0.79 | 0.78 | 0.76 |

Note 1: Tables include estimated information based on operations data; actual reported results may vary. 2

^{*}Audited annual financial information.